



Global Professionals Institute for Training  
معهد المحترفون العالميون للتدريب الأهلي

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## Leading Through Change



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## Introduction

Change is an inevitable part of any organization, and leaders play a critical role in guiding their teams through it successfully. This course equips leaders with the skills, tools, and strategies needed to manage change effectively, inspire resilience, and foster a positive outlook. Through practical exercises, case studies, and real-world scenarios, participants will learn how to communicate change, address resistance, and build adaptive, high-performing teams capable of thriving in a dynamic environment.

## Course Objectives:

- ✓ Understand the dynamics of change and its impact on individuals and teams.
- ✓ Learn effective strategies for leading through organizational transitions.
- ✓ Develop communication skills to convey change with clarity and empathy.
- ✓ Gain tools to manage resistance and foster team buy-in.
- ✓ Build resilience and adaptability to thrive through change.



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## Who should attend?

- ❖ Leaders and managers responsible for implementing change within their teams.
- ❖ Project managers handling change-driven initiatives.
- ❖ Human resources professionals involved in change management.
- ❖ Aspiring leaders seeking to prepare for change leadership roles.

## Program Syllabus

### First Day

- Introduction to Change Leadership
- Understanding the Change Curve
- Types of Organizational Change
- Communicating Change Effectively



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## Second Day

- Building a Change-Ready Culture
- Strategies for Gaining Buy-In and Trust
- Overcoming Resistance to Change
- Setting Clear Vision and Goals for Change

## Third Day

- Change Management Models
- Developing Adaptability and Resilience
- Emotional Intelligence in Change Leadership
- Managing Uncertainty and Ambiguity



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## Fourth Day

- Inspiring and Motivating Teams Through Change
- Decision-Making During Change
- Building Change Champions and Influencers
- Managing Stress and Change Fatigue

## Fifth Day

- Monitoring and Measuring Change Progress
- Fostering Continuous Improvement Post-Change
- Sustaining Momentum and Long-Term Success
- Creating a Personalized Change Leadership Action Plan



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## Program Methodology

A highly interactive combination of lecture and discussion sessions will be managed to maximize the amount and quality of information, knowledge and experience transfer. The sessions will start by raising the most relevant questions, and motivate everybody finding the right answers. The attendants will also be encouraged to raise more of their own questions and to share developing the right answers using their own analysis and experience. Course material through power point equipped with necessary animation, learning videos, and general discussion to provide participants with full understanding concerning the subject course will be provided.

## Percentage of Delivery Methodologies

50% Presentation

20% Group & Individual Exercises

20% Case Studies

10% Active Movies and Videos

## العرض المالي

السعر	مكان الانعقاد	تايخ الانعقاد	مدة البرنامج
1200 kd	Dubai	19-23/January 2025	5 days

## تفاصيل التكلفة :

- المحاضرة العلمية ❖
- المادة العلمية ❖
- الشهادات ❖
- بوفيه خفيف ❖



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